



Ipswich Family YMCA

Gymnasium Schedule

January 3 – February 18

	Open Gym Time Side A	Open Gym Time Side B
Monday	5:45am – 9:30am 10:00am – 10:30am 11:30am – 4:00pm 6:30pm – 7:15pm	5:45am – 2:30pm 5:15pm – 5:45pm 7:00pm – 7:15pm
Tuesday	5:45am – 3:45pm 5:15pm – 7:00pm	5:45am – 9:30am 10:00am – 1:00pm 3:30pm – 4:00pm 6:45pm – 7:00pm
Wednesday	5:45am – 9:15am 11:30am – 3:45pm 4:30pm – 7:15pm	5:45am – 10:30am 11:00am – 2:30pm 3:45pm – 4:45pm 5:15pm – 6:00pm 6:45pm – 7:15pm
Thursday	5:45am – 9:45am 12:15pm – 4:00pm 6:15pm – 6:30pm	5:45am – 9:30am 10:00am – 4:00pm 6:15pm – 6:30pm
Friday	5:45am – 9:30am 10:00am – 6:15pm 8:30pm – 10:00pm	5:45am – 9:30am 10:30am – 4:00pm 4:45pm – 5:30pm 8:30pm – 10:00pm
Saturday	7:00am – 7:30am 5:30pm – 6:00pm	7:00am – 8:15am 5:30pm – 6:00pm
Sunday	8:00am – 5:00pm	8:00am – 10:30am 11:30am – 5:00pm

Schedule is subject to change without notice.

Updated 1/24/12

Ipswich Family YMCA

110 County Road
Ipswich, MA 01938
978-356-9622

www.northshoreymca.org

Hours of Operation

Monday - Friday

5:45am to 10:00pm

Saturday

7:00am to 6:00pm

Sunday

8:00am to 5:00pm

Babysitting Hours

Monday - Friday

8:30am to 12:30pm

Monday - Thursday

4:00pm to 6:30pm

Saturday

8:30am to 12:00pm

**two hours of care maximum*

Questions? Contact:

Alexa Richards

Youth & Family Director
978-356-9622 ext. 1303
richardsa@northshoreymca.org



OPEN GYM

- All ages and activities are welcome in the gym during this time.
- An adult must be present with any child under the age of 8 years old.

ETIQUETTE

The YMCA wants to ensure that the gym is a safe and wholesome environment for all who want to use it. The following expectations are in place for all:

- Refrain from the use of foul or offensive language. If you are spoken to twice by YMCA staff, you will be asked to leave the gym.
- Be respectful of the activities of others. What you are doing in the gym should not prevent others from enjoying the space.
- Please throw all trash in the receptacles provided.
- For your safety, please do not climb or move the equipment stored in the gym. It is for program use only.
- While classes are in session, please be respectful and do not enter their half of the gymnasium.

GYM INFORMATION

- The gym is divided into two sections: Side A and Side B. Side A is the side when you first enter the gym from the lobby. It has the gymnastics equipment.

SCHEDULE POSTED AT WWW.NORTHSHOREYMCA.ORG