

Cape Ann YMCA

Gym Schedule



Summer 2010 (June 26 – September 6th)

Activity	MON	TUE	WED	THU	FRI	SAT	SUN
Member Open Use Times							
Open Gym	5:30AM –6:00AM 7:00AM-8:30AM 9:30PM – 12Noon 2:00PM – 6:00PM	5:30AM – 11:00AM 2:00PM – 9:30PM					
Adult Pick-up Basketball	12Noon – 2:00pm	12Noon – 2:00PM					
Adult Pick-up Soccer							
Program Use Times**	***	4:00PM-6:00PM					
Adult	<u>Pick Up Soccer</u> 7:00-Close						

Please visit us at: www.northshoreymca.org

September 1st -6th the gymnasium will be shut down for yearly maintenance. The fitness room is open. Please visit our other YMCA's during the interim.