

Member *Benefits*

LYNCH/VAN OTTERLOO YMCA

YGYM TIME

We build strong kids. strong families. strong communities.

Schedule for
Spring I
February 27th
To
April 30th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Pick-Up Basketball	12:00pm-1:00pm (Side B)	12:00pm-1:00pm (Side B) 6:00pm-7:15pm (Side A)	12:00pm-1:00pm (Side A)	12:00pm-1:00pm (Side B)	12:00pm-1:00pm (Side B)	4:00pm-6:00pm (Side A & B)	7:00am-10:00am (Side A)
Adult/Teen Open Gym	1:00pm-2:45pm (Side A) 6:15pm-7:00pm (Side B)	1:00pm-2:45pm (Side A) 5:15pm-6:00pm (Side A)	1:00pm-2:45pm (Side A)	1:00pm-2:45pm (Side A) 5:45pm-6:45pm (Side B)	1:00pm-2:45pm (Side A)	12:00pm-4:45pm (Side B)	12:30pm-5:45pm (Side B)
Youth/Family Open Gym	4:30pm-5:45pm (Side A)	4:30pm-5:15pm (Side A)	4:30pm-5:45pm (Side A)	4:30pm-6:45pm (Side A)	4:30pm-5:15pm (Side A)	12:00pm-4:00pm (Side A)	12:30am-5:45pm (Side A)
Parent/Child Playtime	9:30-11:30am (Side A)	9:30-11:30am (Side A)	9:30-11:30am (Side A)	9:30-11:30am (Side A)	9:30-11:30am (Side A)		
Open Gym for All					8:00pm-9:45pm (Sides A & B)	6:00pm-6:45pm (Side A & B)	
Drop-in Programs	Adult Pickleball 8:30am-10:00am (Side B)		Adult Pickleball 8:00am-9:30am (Side B)		Kids Dodgeball 5:15pm-6:00pm (Side A & B)		Adult Volleyball 9:00am-11:00am (Side B)
Family Night					6:00pm-8:00pm (Side A & B)		

Member Benefits

Lynch/van Otterloo YMCA
40 Leggs Hill Road
Marblehead, MA 01945
781.631.9622
www.northshoreymca.org

Hours of Operation

Monday - Friday

5:00am to 10:00pm

Saturday

6:00am to 7:00pm

Sunday

7:00am to 6:00pm

Babysitting Hours:

Monday-Friday

8:00am to 2:00pm

3:00pm to 7:30pm

Saturday

7:45am to 1:00pm

Sunday

8:00am to 11:00am

Question or comments about this schedule?

Contact:

Karl Mayer at

781.990-7013 or email

mayerk@northshoreymca.org

or Emily Hudak at

hudake@northshoreymca.org



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Gym Activity Descriptions

Adult Pickup Basketball: Designated side of the gym are 4 on 4 cross court basketball games. Call your own fouls and play a competitive game.

Teen/Adult Open Gym: Designated gym space is available to teens (age 14 and up) and adults to use. No full court basketball games allowed.

Youth/Family Open Gym: Gym space is available for families (adults must accompany children age 5-13).

Parent/Child Playtime: Play area set up for preschoolers. Parents must accompany and supervise their children.

Open Gym: Space is available to all ages. Please be respectful of the activities of others.

* **Please note:** Our schedules are subject to change. Please refer to the website and gym bulletin board for changes.

Gym Etiquette

The YMCA wants to ensure that the gym is a safe and wholesome environment for all who want to use it. The follow expectations are in place for all Members:

- Refrain from the use of foul or offensive language.
- Be respectful of the activities of others. What you are doing in the gym should not prevent others from enjoying the space.
- Please throw all trash in the receptacles provided.
- Appropriate footwear required no black soled marking sneakers.

Gym Information

- The gym is divided into two sections, Side A and Side B. Side A is the side when you first enter the gym. Side B is on the other side of the red curtain.
- Many classes and gym times are held at specific times, please adhere to the gym schedule provided.

Birthday Parties

Sports Birthday Parties are available. For more information please contact Birthday Party Coordinator, Erin Lovenberg at 781-631-9622 x 1406 or through email at lovenberge@northshoreymca.org.