

ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM FOR ALL	12:00pm-2:45pm (Side A)	12:00pm-2:45pm (Side A)	12:00pm-2:45pm (Side A)	12:00pm-2:45pm (Side A) 8:00pm-9:45pm (Side A)	12:00pm-2:45pm (Side A) 8:00pm-9:45pm (Side B)		
PARENT/CHILD PLAYTIME (CHILDREN/PARENTS)	9:30am-11:30am (Side A)	9:30am-11:30am (Side A)	9:30am-11:30am (Side A)	9:30am-11:30am (Side A)	9:30am-11:30am (Side A)		
YOUTH/FAMILY OPEN GYM (13 YRS OLD & YOUNGER)					6:15pm-7:00pm (Side B)	8:30am-4:00pm (Side B)	Family Time 3:30-6:45pm (Side A)
TEEN OPEN GYM (14-18 YRS OLD)	2:45pm-3:45pm (Side A) 4:30pm-7:00pm (Side A)	3:50pm-7:00pm (Side A)	2:45pm-7:00pm (Side A)	2:45pm-7:00pm (Side A)	2:45pm-6:00pm (Side A)	1:30pm-6:45pm (Side A)	12:30pm-3:30pm (Side A)
ADULT OPEN GYM (19 & UP)		9:00pm-9:45pm (Sides A & B)		7:00pm-9:45pm (Side A)	9:00pm-9:45pm (Side B)		8:00am-10:00am (Side A)
DROP-IN PROGRAMS	Adult Pick-up Basketball 7:00pm-9:00pm (Side A)				Kids Dodge ball 5:15pm-6:00pm (Side B) Kid's Night 7:15pm-8:00pm (Side A) Paid Program	Adult Pick-up Basketball 4:00pm-6:45pm (Side B)	Adult Volleyball 9:00am-12:00am (Side B) Girls Basketball for Ages 10-14 3:30pm-4:30pm (Side B) Adult Pick-up Basketball 4:30pm-6:45pm (Side B)

LYNCH/VAN OTTERLOO YMCA GYMNASIUM SCHEDULE WINTER SESSION JAN 2-FEB 19

There will be no open gym on Thursday, January 12th from 6:30pm to close and Saturday, January 14th & 21st after 12:30pm due to our adult Wiffleball Preseason Tournament.

For more information about this schedule, contact
Emily Hudak, Sports Director, at
hudake@northshoreymca.org.





Lynch/van Otterloo YMCA

Gymnasium Schedule

Lynch/van Otterloo YMCA
40 Leggs Hill Road
Marblehead, MA 01945
781-631-9622

IMPORTANT INFORMATION

Gym Activity Descriptions

Adult & Teen Pickup Basketball: Designated sides of the gym are 4 on 4 cross court basketball games. Call your own fouls and play a competitive game.

Open Gym for All: All ages are able to enjoy the gym, being respectful of others. Full court games only if room permits.

Teen Open Gym: Designated gym space is available to teens (ages 14-18).

Youth/Family Open Gym: Gym space is available for families (adults must accompany children age 5-13).

Parent/Child Playtime: Play area set up for preschoolers. Parents must accompany and supervise their children.

Drop-in Programs: Any member or guest is welcome to participate in our drop in programs. YMCA Staff will be present to set-up equipment and to help answer any questions.

*Please note: Our schedules are subject to change. Please refer to the website and gym bulletin board for changes.

Kid's Night: Drop your child off for a couple hours of fun with their friends! This is a paid program, advance registration required. Please contact Marianne Baker for more details at 781-990-7007 or bakerm@northshoreymca.org.

Gym Etiquette

The YMCA wants to ensure that the gym is a safe and wholesome environment for all who want to use it. The follow expectations are in place for all Members:

- Refrain from the use of foul or offensive language.
- Be respectful of the activities of others. What you are doing in the gym should not prevent others from enjoying the space.
- To ensure cleanliness, please eat in café area only.
- Appropriate footwear required no black soled marking sneakers.

Gym Information

- The gym is divided into two sections, Side A and Side B. Side A is the side when you first enter the gym. Side B is on the other side of the red curtain.

Lynch/van Otterloo YMCA

Hours of Operation

Monday - Friday: 5:00am to 10:00pm
Saturday: 6:00am to 7:00pm
Sunday: 7:00am to 7:00pm

Babysitting Hours:

Monday-Friday: 8:00am to 2:00pm
3:00pm to 7:30pm
Saturday: 7:45am to 1:00pm
Sunday: 8:00am to 11:30am

Question or comments about this schedule?

Contact:

Emily Hudak

Sports Director

781-990-7044 or email at

hudake@northshoreymca.org

Interested in having a BIRTHDAY PARTY at the YMCA?

Contact Erin Lovenberg at 781-990-7006 or
lovenberge@northshoreymca.org
for more information and to schedule your party!