

Member *Benefits*



LYNCH/VAN OTTERLOO YMCA

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Preschool Open Gymnastics Ages 2-7 years						11:45am - 12:40pm Or 12:40pm - 1:35pm	
Senior Open Gymnastics Girls Ages 8-14 years Boys Ages 8-11 Years						5:30pm - 6:30pm	
Family Open Gymnastics Ages 2 & up					6:00pm - 7:00pm or 7:00pm - 8:00pm		12:15pm- 1:15pm Or 1:15pm - 2:15pm

Member Benefits

Lynch/van Otterloo YMCA
40 Leggs Hill Road
Marblehead, MA 01945
Main 781.631.9622
Direct 781-631-1819

www.northshoreymca.org

Hours of Operation

Monday - Friday

5:00am to 10:00pm

Saturday

6:00am to 7:00pm

Sunday

7:00am to 6:00pm

Babysitting Hours:

Monday-Friday

8:00am to 2:00pm

3:00pm to 7:30pm

Saturday

7:45am to 1:00pm

Sunday

8:00pm to 11:00am

Question or comments about this schedule?

Contact:

Danielle Walker at

781.990-7011

or email at

walkerd@northshoreymca.org



Schedule for
Spring I
February 27th
To
April 30th

Gymnastics Activity Descriptions

Preschool Open Gymnastics: Designated for children ages 2-7 years (with parent supervision) who would like the opportunity to enjoy the gymnastics equipment.

Senior Open Gymnastics: Designated for Girls 8-14 years and Boy ages 8 to 11. All children under the age of 12 years must have parent supervision. This open gymnastics time will let children Tumble, jump and twist in a supervised environment.

Family Open Gymnastics: Designated for families to come in and enjoy the facilities and have family fun time together. Please note: *For the safety of all children under the age of 2 are not permitted to attend open Gymnastics.*

* **Please note:** In order to ensure the safest possible environment open gym times will be limited to a max of 25 families.

Gymnastics Etiquette

The YMCA wants to ensure that the gymnasium is a safe and wholesome environment for all who want to use it. The follow expectations are in place for all Members:

- Refrain from the use of foul or offensive language.
- If families have children in two different age groups of children, please join the younger open gymnastics time.
- NO Food (GUM) or beverage allowed in gymnastics center.
- Please remove shoes and all loose items from yourself before using gymnastics facilities.
- Parents are responsible for supervising their children at all times.
- 1 person at a time on all gymnastics equipment.
- No jumping from beam mat down to the trampoline.
- Open Gym participants are not allowed to use the chalk or use the High bars
- Pit blocks cannot be removed from pit at anytime, and should not be damaged by shredding or ripping.
- Be Safe at all times and most important... HAVE FUN!
- NO ADULTS on the gymnastics equipment!

Birthday Parties

Gymnastics Parties are available. For more information please contact Birthday Party Coordinator, Erin Lovenberg at 781-631-1819 x 1406 or through email at lovenberge@northshoreymca.org.