

Y CAMP

SPINDRIFT

A SUMMER OF FUN - A LIFETIME OF MEMORIES

PARENT

HANDBOOK

100% SATISFACTION GUARANTEE

We want you to be completely satisfied. My staff and I strive to provide the best quality summer camp experience you and your family desire. Please contact me directly if your experience does not meet or exceed your expectation. We welcome the opportunity to make you happy. We will correct any issue for you. If you remain unsatisfied, we will refund the remainder of your fee. Our goal is to create satisfied “owners” of our YMCA and its programs.

- Rick Doucette
Executive Director
YMCA Teen & Camp Services of Cape Ann

We meet or exceed all Summer Camp regulations as required by the Massachusetts Department of Public Health and are inspected by the Gloucester Department of Health

Last updated 03172011RD

www.cayteenandcamp.org

IN MEMORIUM



Jeffrey "J.P." Paul

10.5.86 - 2.19.11

As you may be aware, as a child, Jeffrey spent his summers in Gloucester and was a dedicated and popular camper for many years with us. As he grew into adulthood, he successfully took on more responsibility and leadership with me at the YMCA and Camp Spindrift. I consider it to have been one my greatest privileges to watch his growth and development over the years into such a fine, strong man of character.

Jeff was a strong and vital member of our staff team over the past several years, and it is no understatement to say he had a profoundly positive and lasting impact upon the children and teens under his care. Their on-going success is his lasting legacy.

JP and I would often discuss the importance of summer camp and the difference it made for the kids – but also the differences it made for each of us. We would talk about the need for us to help create and maintain Camp Spindrift as “special and magical place where only good things happened”. He worked diligently everyday to make that concept a reality.

We are working closely with JP’s family to help create a multi-level recreational structure and area in his honor. Also, as sign of our deep affection and appreciation for all he has done and meant to us, the camp staff and I are dedicating the summer of 2011 in his memory.

Please let me know if you’d like to contribute to the [YMCA Jeff “JP” Paul Memorial Fund](#)

NO
PHOTO
YET
AVAILABLE

Harold Xavier

8.5.19 - 12.27.10

Mr. Harold Xavier passed away late last year. Harold was the Executive Director of our YMCA many years ago and was responsible for securing the property we know as our Camp Spindrift

As we begin to prepare to open Camp Spindrift for our 49th summer - I felt impelled to pass along the story of why Harold named our camp "Spindrift". Harold shared with me that he was an avid sailor all his life and relished his time out on the water. When a wave crashes, the wisps of water that blow back in the opposite direction of the crashing wave is known as the "spindrift" - and Harold wanted our YMCA and camp folks to keep this in mind as "...we all need to keep a watchful and caring eye toward our children who may be falling back in the wrong direction - the Spindrift".

We were pleased to host Harold and his family at our camp for the occasion of his 90th birthday - at that event we honored Harold by presenting a new sign for the road down into camp. I expressed to him our collective gratitude for laying the foundations upon which much of our YMCA-work now stands. The road down into camp is named for Harold - so that when we come down into Spindrift, we will, both literally and figuratively, follow "THE XAVIER WAY".

Thank you Gentlemen, Rest in Peace.

- Rick

YMCA

CAMP SPINDRIFT

Camp Director: Rick Doucette – Executive Director, Teen & Camp YMCA

I. Welcome

Welcome to YMCA Camp Spindrift! We are so glad that you could join us for a summer of fun. Whether your child will be joining us for the first time, or has been with us for years, – we're anxious to provide a wonderful and enriching experience for all campers and families this summer. This parent handbook contains important information about the YMCA, our camp programs, rules, regulations, special events, and more. Please read this packet carefully to ensure that you and your child are ready for your first day of camp.

II. Goals and Objectives of YMCA Camp Spindrift 2011

The purpose of YMCA Camp Spindrift is to provide children with a positive, safe, fun, creative and educational summer experience. We will strive daily to make it a great summer for your child. Through innovative curriculum and activities led by our qualified and experienced staff counselors, our camp will help your children grow to their highest potential. Parents may review background check, health care, discipline policies and grievance procedures upon request.

We will incorporate the national YMCA character values of CARING, HONESTY, RESPECT and RESPONSIBILITY. Throughout the summer the children will be awarded with beads that represent these values. CARING is represented by the color red (for the heart), HONESTY is the color blue (for true blue), RESPONSIBILITY is the color green (for our environment), and RESPECT is the color yellow (for the golden rule). While having fun at camp, we hope that your child will learn how to further practice these values and include them in their everyday life and activities.

III. SPINDRIFT DAY CAMP

JUNIOR PROGRAM, Co-ed

Unit Leader: Lisa Dahlmer-White

<i>Small Fry</i>	<i>ages 4 – 6.5</i>
<i>Sioux</i>	<i>ages 6.5 – 7.5</i>
<i>Navajo</i>	<i>ages 7.5 – 8.5</i>

JUNIOR PROGRAM for ages 4 – 8.5 is a traditional summer program designed especially for our younger campers in co-ed groups. This includes our Small Fries, Sioux & Navajo groups, with recreational swimming, arts & crafts, games, sports, swimming instruction and activities crafted specifically for younger and first-time campers. Sioux & Navajo campers will also have introduction to archery. The Small Fry group makes use of two of their very own cabins for changing for swim, bathrooms and storage of camp gear and lunch in “Small Fry Village”. Spindrift Juniors runs in one-week sessions that are highlighted by a special theme, trip or activity. We also have 3- or 4-day flexible options available for busy families.

SENIOR BOYS

Blackfoot *ages 8.5 – 10*
Comanche *ages 10 & 11*
Apache *ages 12 & 13*

Unit Leader: Noah Hurley

SENIOR GIRLS

Cherokee *ages 8.5 – 10*
Iroquois *ages 10 & 11*
Seminole *ages 12 & 13*

Unit Leader: Kira Oliver

SPINDRIFT SENIOR GIRLS AND SPINDRIFT SENIOR BOYS for ages 8.5 – 13 is a traditional summer program with campers in gender-based grouping; activities include swimming, arts & crafts, camp-craft, games, sports, swimming instruction, recreational swimming, archery and more as the day-to-day activities. An emphasis is placed upon recreation as well as positive peer relations. Spindrift Seniors runs in one-week sessions that are highlighted by a special theme, trip or activity. We also have 3- or 4-day flexible options available for busy families.

SPINDRIFT LIT PROGRAM for ages 14 – 16 is a “bridge” program that has produced many of our finest camp staff. LITs (Leaders in Training) will not only participate in a variety of fun and educational activities, but will be skillfully guided as they assist with younger-camper groups. LITs will be trained to run and plan for a camp group as well as receive basic first aid training. The LIT program will run in two week sessions.

SPINDRIFT JUNIOR ADVENTURE with NIKKI for ages 8-11, coed. This small-group adventure program is ideal for the camper seeking thrills, chills and high-impact fun! This two-week session will be filled with group games, trust-building activities, hiking expeditions, sea kayaking, rock-wall climbing, basic whitewater rafting (class 1 & 2 rapids), archery, summer tubing at Amesbury Sports Park, low-ropes course and more! An overnight camping/wilderness survival event will take place at Spindrift as the culmination of the second week.

SPINDRIFT SENIOR ADVENTURE with NIKKI for ages 12-15, coed. We’ve jam-packed a summer’s worth of activities and fun into this two-week small-group adventure program. The new “two-best-weeks-of-my-life” for your child will include: archery, trip to Mount Monadnock, visits to low-and high-ropes course elements, sea kayaking, backpacking on the Appalachian Trail, rock-wall climbing at Boston Rock Gym, group games, trust-building activities, a day at “Camp Paintball, a whitewater rafting trip and an overnight camping/wilderness survival event will take place at Boston Harbor Islands (or similar location) as the culmination of the second week.

SPINDRIFT WATER COUNTRY ALL WEEK! for ages 12 – 16, co-ed. We will spend every day, Monday through Friday at Water Country splash park. Our package includes all transportation, park admission for the week, a personalized 2011 season pass for Water Country (free admission for the rest of the summer) and a daily lunch option. This is a “rain or shine” week – if the park is closed due to violent weather, we’ll schedule a make-up date. Spindrift Water Country Camp runs only for one-week – we cannot accommodate partial-week registration for this program.

ENROLLMENT LIMIT: 7 participants

SPINDRIFT FINE ARTS with LOREN for ages 8.5 – 13, coed. Join us for this first-ever intensive week of Fine Arts Exploration. Campers will sketch, sculpt, draw and paint using a wide-array of mediums and styles. Additionally, campers will have time for swimming and other traditional camp activities - but the emphasis is on fun, fine arts and creativity. We’ll provide all needed artist-materials. In addition to being Rick’s-better-half, Loren is widely-recognized as a talented professional artist, a caring and dedicated-teacher and has been an artistic inspiration to multi-generational classes for years. Spindrift Fine Arts Camp runs only for one-week – we cannot accommodate partial-week registration for this program.

IV. Camp Facility

YMCA Camp Spindrifft is a 48-acre camp facility off of Atlantic Street in West Gloucester, located less than one mile from Wingersheek Beach. With two picnic pavilions, sand-pit volleyball, full-court basketball, jumbo sun deck, 4 poolside waterslides, archery range, ball field, arts cabin, full aquatic complex and numerous cabins and nature trails, this “jewel of the North Shore” offers the perfect setting for “A SUMMER OF FUN – A LIFETIME OF MEMORIES”.

V. Registration

In order to initiate several major equipment purchases and capital improvements for the betterment of our camp, we’ve instituted a one-time initial \$25 registration fee per camper for Y-members, \$65 for non-members, regardless of the number of weeks a child attends. (Non-members will receive 3-month youth membership-certificate to be redeemed anytime during 2011)

Registration will be accepted on a first come first served basis. A weekly deposit is required for each camper for each session. This deposit will then be applied toward the total balance due. Weekly balances must be paid in full no later than the Thursday prior to the camp week.

To ensure the proper placement of your child, please make sure that the registration information is filled out correctly and completely. Per the State Board of Health, signed medical forms must also be on file before the child’s first day of camp. Please don’t force us to send your child home from camp.

Spindrifft Day Camps Ages 4 – 13 \$20 deposit			L.I.T. Ages 14-16 \$50 deposit	Adventure Ages 8-11/12-15 \$200 deposit	Water Country Ages 12-16 \$100 deposit	Fine Art Ages 8.5-13 \$ 20 deposit
<u>5 Day</u>	<u>4 Day</u>	<u>3 Day</u>	<u>10 Day</u>	<u>10 Days</u>	<u>5 Days</u>	<u>5 Days</u>
<i>\$180</i>	<i>\$165</i>	<i>\$150</i>	<i>\$240</i>	<i>\$535</i>	<i>\$275</i>	<i>\$180</i>

VI. Refunds/Credits

If you are unsatisfied with you child’s camp experience and we are unable to rectify the situation after you notify us we will issue a refund/credit for any unused camp fees for the remainder of the season.

We will issue a YMCA credit for medical absences only when the request is submitted in writing and signed by a physician. The credit will be issued on a pro-rated basis for the number of days the child missed camp. Participants must be absent a minimum of three consecutive camp days to qualify for a credit.

YMCA credits may be used within one year of issue toward any North Shore YMCA program or membership.

VII. Payment Options

Payment in full for each week of camp must be received no later than the Thursday before the weekly camp session begins. Payment may be received in the form of check, cash, Visa Card, Master Card, Discover or American Express Card. Parents may also choose our convenient “E-Pay Option” at no extra charge. Failure to pay in a timely manner may result in your child’s withdrawal from camp and prohibit registration for other YMCA program. **Financial Assistance is available for participants who may be unable to pay the full camp tuition.**

VIII. Pick-up Policy

All campers picked up from camp must be checked out before leaving the camp property. To ensure your child’s safety, we require written notification and picture I.D. if anyone other than a parent will be picking up the child. Written notification will also be required if there is a change as to how your child will leave the camp property.

IX. Drop-off/Pick –up

In order to not interfere with buses in the upper parking lot, drop off for camp will be between 8:30am and 8:45am. Please have your child at camp by 8:45am so that the day can be started on time. Pick-up in the afternoon begins at 4:05pm after buses depart.

If a child is dropped off in the morning before 8:30am and/or picked up after 4:15pm you will be charged the weekly fee of \$30 for extended day. (please see item X, below).

X. Extended Day Options

For an additional \$30 per week you can drop your child off at camp as early as 7:30am and/or pick your child up as late as 5:30pm. We ask you to register accordingly so we can adequately plan our staffing patterns.

XI. Late-Pick-Up Policy

Parents and/or authorized persons must contact the camp if they will not be able to arrive before the close of extended camp care in the afternoon (5:30pm). Each day a parent and/or an authorized person is late picking up a child(ren), a late fee will be assessed. The late fees are as follows:

Pick-up between 5:30pm and 5:45pm	\$ 5.00
Pick-up between 5:45pm and 6:00pm	\$15.00

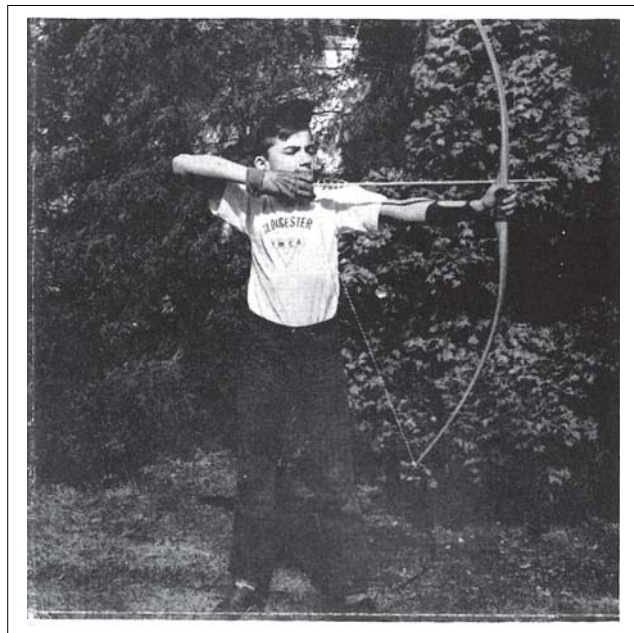
If the child is not picked up by 6pm, an additional \$2/minute fee will be assessed.

If a child has not been picked up by 6:30pm and we have had NO CONTACT with a parent/guardian or designated authorized emergency contact (we will try to make contact), then the YMCA is required to:

1. Contact the Department of Child Services (DCS) Child at Risk Hot Line and inform them we have an abandoned child.
2. A YMCA staff member will stay with child until a DCS social worker takes over the situation.
3. The YMCA staff member will attempt to leave a message for the parent or authorized person as to where to locate their child.

XII. Late Camper Policy

Late campers must sign in at the camp office. Tardy campers may have an extended waiting period before they can be placed with their group, depending on the group schedule and available personnel. When possible, please notify your child's counselor in writing that your child will arrive late the following day. In a last-minute situation, please call the camp that morning at 281.CAMP (2267). Following these procedures will make it quicker and more efficient to place a late camper with their group.



XIII. Summer 2011 Special Events/ Theme Weeks (for Day Camps)

	<u>DATES</u>	<u>HIGHLIGHT/THEME</u>
1	Jun 20 – Jun 24	Welcome Back / Super Hero Week Costumes, games, stories and skits
2	Jun 27 – Jul 1	Wild Wild West, Parent Night & Gloucester Horribles Parade Howdy Pardner! Mosey on over for a spell, ya-hear? ...and the option to join our appearance in the parade!
3	Jul 5* – Jul 8	Trip to CANOBIE LAKE PARK (*No camp Monday July 4) Turkish Twist or Teacups – your call! (Trip on Thursday)
4	Jul 11 – Jul 15	Carnival / Circus & Parent Night Fun, food, prizes, inflatable moon bounce, dunk tank, games galore and more fun than you can shake a stick at!
5	Jul 18 – Jul 22	Pirate Week Arrrgghhh Matey! A full-week of treasures!
6	Jul 26 – Jul 30	Olympic Week / Watermelon Fest & Family Overnight A traditional Spindrift favorite...Let the games begin!...and the option for your family to “rough it” in the deep woods of West Gloucester
7	Aug 1 – Aug 5	Holiday Week & Camper Overnights Erin Go Bragh! Trick-or-Treats & Jingle Bells! Campfires, s’mores and stories!
8	Aug 8 – Aug 12	Trip to WATER COUNTRY Aqua Fun for all! (Trip on Thursday)
9	Aug 15 – Aug 19	Decades Week & Family Sock Hop Dance A family favorite! Keen! Groovy! Tubular! Rad! Awesome!
10	Aug 22 – Aug 26	Color Games / Goldfish Swim / S’morefest High energy fun and frivolity – and Rick’s Annual Cartwheel
11	Aug 29 – Sep 2	Late fun for Some...as school schedules allow We don’t ALL go back before Labor Day...do we? Camp days offered as School Calendar allows (program not guaranteed to operate)

REMINDERS

- *** When sleepovers are held on Friday evenings, pick-up is at 9:30am on Saturday. Camp cannot provide transportation on Saturday morning.
- *** Camper shirts are required for all trips out of camp. Shirts are available for \$8.00 at the camp store.
- *** For all out-of-camp trips (weeks 3 & 8) permission slips will not be issued. Unless otherwise individually arranged and confirmed, all children in attendance will be accompanying us on the trips.
- *** For the CANOBIE LAKE PARK and WATER COUNTRY trips, parents will need to arrange to have their children picked up at O’Maley Middle School in Gloucester at 5:30pm. This will allow us to spend more time in each park, and spare your children excessive travel time on the bus.
- *** If we must cancel an overnight event in the case of inclement weather, or the forecast of severe weather – a decision will be made by 2:00pm and regular transportation plan will be followed. Notification provided via our FACEBOOK PAGE and www.cayteenandcamp.org

XIV. What to Bring to Camp

LUNCH: Each camper is expected to bring his/her own lunch. Please be sure to pack plenty of nutritious food, as a busy camp day makes for hungry children. Bottled Water is available at the camp store; as are ice cream desserts. Please make sure children's lunches are clearly labeled.

SOME HELPFUL HINTS:

- * Do not use mayonnaise or salad dressings, as we cannot refrigerate lunches.
- * Place sandwiches in the freezer overnight. They will be thawed in time for lunch.
- * The following items will not be affected by the weather: hard-boiled eggs, dried fruits, vegetables such as celery and carrots (they're nature's toothbrush) :-)

SPINDRIFT FRESH-LUNCH OPTION: For your convenience, we have partnered with the fine folks at **ANNIE'S VARIETY** (down the street) to make fresh, high quality lunches available daily to campers. Choices will vary and may be ordered "by the day". Lunch includes a deli sandwich, chips, handheld fruit, dessert snack & beverage. Fee: \$6 (sm) or \$8 (lg).

CLOTHING: Campers should wear appropriate outdoor attire: including sweatshirt or rain gear if called for. Sneakers should be worn, open-toe-sandals lead to stubbed toes and injuries. Campers should also bring a bathing suit and a towel, as swimming is scheduled twice a day.

Please keep in mind that your child is spending the day outside, and on many days will get dirty. We advise that all "good clothes" be kept at home, and that your child wear "play clothes" daily to camp.

LOST AND FOUND: One of the biggest problems at camp has been lost, unidentified clothing. Please label your child's clothing and towels with a laundry marker. We will try to return all articles, but have difficulty with unmarked items. If you notice something missing, please contact camp immediately. All unclaimed items will be donated to charity promptly after a two-week holding period.

BUG SPRAY AND SUN SCREEN: Both of these items are highly recommended, and should be applied as directed. Also, in order to help prevent skin damage from the sun, all children are to wear shirts at all times, except when swimming.

XV. What Not to Bring to Camp

Please do not send your child to camp with toy guns or knives, trading cards, expensive jewelry, radios, nuclear devices, walk-men, disc-men, MP3 players, iPods, cell phones, pagers, gold doubloons, cameras, game boys, PS2 and other electronic devices. These items distract from the camp experience and can easily be lost, stolen or broken at camp as there is no secure & dust free place to keep such objects. If you insist upon throwing away your hard-earned money, please feel free to send it directly to me.

XVI. Swimming

Throughout the summer, campers will participate in an "aquatic acclimation" swim lesson program and recreational swimming at our outdoor pool. Certified lifeguards are vigilantly on duty at all times that the pool is open. Please make sure to send your child to camp with a bathing suit and towel. Also, from time to time, groups may participate in activities at our waterfront with our qualified staff (including certified lifeguards).

XVII. Transportation Policy

At Camp Spindrift, we take special care in providing a safe and enjoyable experience for your child. Once your child is on his/her way home on the bus, we need someone to be at the bus stop, waiting to pick him/her up

For a nominal fee of \$30 per week – we provide two-way transportation throughout the greater Cape Ann area. Please see the complete listing of bus routes at the end of this packet.

We will not leave a child unless a parent is present at the bus stop, or permission has been given prior to camp, (as noted on the registration form). If a parent is not present and no permission has been given, the child will be returned to the CAPE ANN YMCA upon the completion of the bus run, and a parent will need to pick child(ren) up there.

Bus Transportation is provided by the Gloucester Public School System. Campers are expected to abide by the School Department's expectation and guidelines. Camp Spindrift Staff are present as Bus Monitors at all times. If continued disruptive behavior causes problems with the operation of the bus, bus privileges may be suspended and transportation will become the responsibility of the parent.

XVIII. Group Placement

We place children in groups by age and gender. We will consider all requests for group placement; as we want your child to feel at ease while getting accustomed to camp life. We may also introduce "new campers" to a "vet camper" as a one-on-one "buddy guide" for the first day or so.

XIX. Camper Adjustment

If we feel that any child is unable to adjust to camp life, we may withdraw the child from camp, after consultation with the parents. Any fees paid in advance will be returned on a pro-rated basis. Please feel free to consult me directly regarding any problems in your child's adjustment to our camp program.

XX. Discipline Policy

Discipline is important to the growth of every child. Clear guidelines and expectations are what mold a child into who they will become in society. The YMCA firmly believes that innovative techniques can be created that, when utilized correctly, will help the child learn new and more effective techniques to handle their behaviors and emotions.

Rules are very important for both campers and staff in the camp setting. The safety of each and every camper is our primary concern. Respect of staff, adults and other campers is expected. We see the experiences ahead of us as an opportunity to learn from others around us, and to grow within ourselves.

If and when one of the following situation occurs,

- a camper continually breaks a camp rule.
- a group is unable to function normally because of behavioral problems.
- a camper displays inappropriate behavior that jeopardizes the health and safety of any individual at camp, or the camp as a whole.

The following disciplinary steps will be taken:

- The head counselor and child will discuss the action and the child will be given time to express their story. During this processing, the counselor will reiterate the rules that are associated with the problem. The situation will be documented by the counselor and placed in the child's file.
- On the second offense, the child and counselor will meet with the unit leader to review and reinforce the rules and expectations. The incident will be documented and the parent(s) will be made aware of the situation.
- On the third offense, a more formal meeting will be set up with the child, the counselor, the unit leader and/or the camp director. The goal of this meeting is to develop a set of goals for the child based on their behavior. These goals will be discussed and decided on by all parties, including the child. The child will be made aware that on the next offense a meeting will be held with their parents and if that meeting does not sufficiently address the problems, then removal from the camp may occur. The incident will be documented and the parent(s) will be made aware of the situation.

- If the behavior continues, on the fourth offense a meeting will be held with the child, camp director and the parent(s). All documented past history of the event will be reviewed and a plan of action will be determined. This discussion will be documented and signed by all parties that are present. All parties will understand that upon the next offense the child will be removed from camp.
- On the fifth offense, the child will be removed from the YMCA Camp Program and potentially prohibited from partaking in all YMCA programming.

*** The Camp Director, maintaining clear communication with child, staff & parent may accelerate or decelerate the level of consequence for inappropriate behavior as the situation specifically warrants.

*** Corporal punishment, including spanking, is strictly prohibited.

*** No camper shall be subjected to cruel or severe punishment, humiliation, or verbal abuse.

*** No camper shall be denied food or shelter as a form of punishment.

Please note: this does NOT apply to “Camp Store/Ice Cream privileges”

*** No child shall be punished for accidentally soiling, wetting or not using the toilet.

XXI. Health Policy

YMCA Day Camp Spindrift has a physician on call, a Health Care Supervisor on staff and additional key staff people trained in emergency care and first aid. **Each child must have a completed and signed medical form and immunization record at camp prior to admittance.** Participation privileges cannot be extended to campers whose forms are not on file. Parents should not send sick or infectious children to camp.

Parents whose children need medication during the camp day must provide the medication in the original container with the original prescription label attached AND a note from the parent authorizing camp to dispense medication. Non-prescription medication must be accompanied by a parent’s note. All medications should be given immediately to the Camp Nurse and will be locked up throughout the day. Medications will be dispensed by the Camp Nurse, Camp Director or their appointed designee only. Campers may carry Epi-Pens and Asthma Inhalers on their person.

If your child is ill and unable to attend camp, we ask that you notify the camp office between 6:30am and 8:30am.

XXII. Emergency Procedures

Trained staff will handle minor injuries or illnesses. In the event of a minor accident or illness (small scrapes & minor “boo-boos” excluded), the camp staff will contact the parent/guardian or the emergency contact person.

In the case of serious illness or accident, the YMCA camp staff will utilize appropriate police, fire department or ambulance transportation. If this action is taken, the camper will be taken to Addison Gilbert Hospital on Washington Street in Gloucester. Parents will be notified in all cases.

XXIII. Lost/ Missing Campers

The YMCA trains all staff in lost camper procedures. The staff on duty will not release your child to unauthorized people. In the event that it is determined that a child is missing, all available staff will work to locate the child. All staff are instructed to never leave a child alone.

XXIV. Guest Policy

In fairness to registered campers and because of insurance and State licensing regulations, we cannot accommodate daily guests and/or visitors.

XXV. Inclement Weather Policy

In order to best serve our families, we operate camp rain or shine. We sometimes play in the rain and change into dry clothes; please plan accordingly when packing for your child. We cannot offer a credit and/or refund for days you choose to not attend.

XXVI. Parental Visits

For security reasons, all visits to camp must be scheduled through the Unit Leader or Camp Director. If you need to make an unplanned visit to camp, you must first check in at the camp office. The camp office will arrange an escort for you through the camp property. In order to keep you informed about what is happening at camp, we send home weekly newsletters and post frequently to Facebook and our website.

XXVII. Closing

We hope that this parent packet has answered your questions and addressed any of your concerns about your child's experience at YMCA Camp Spindrift. Please remember that while we are working hard to ensure a great summer for your child, there are also some things that you as parents can do that will emphasize this even more.

- Show an interest in what your child has been doing at camp. Take time at dinner to talk about what was seen or done during the camp day.
- If a particular activity or event at camp sparks your child's interest, don't hesitate to encourage further exploration at home with the family.
- Any award or recognition given at camp is an acknowledgement of individual accomplishment. Make sure to praise them at home for their efforts at camp.

All of the staff in all the YMCA Camp Spindrift Programs will be working hard to make the summer of 2011 a great one. If at any time you have questions or concerns, please don't hesitate to contact me. I welcome any suggestions that can help make your child's camp experience more enjoyable.

Thank you for entrusting me and my staff. We look forward to a strong, happy and healthy relationship with your family.

Health & prosperity,

Rick Doucette, Executive Director
Teen & Camp Services YMCA of Cape Ann

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Camp Spindrift
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Follow us on Facebook!

Y Camp Spindrift Staff Leadership Team

Rick Doucette

Executive Director

Lisa Dahlmer-White

Junior Camp – Unit Leader

Lianna Del Greco

Arts & Crafts

Blair Hadley

Camp Nurse & Aquatics

Noah Hurley

Senior Boys – Unit Leader

Mark Mitchell

Camp Registrar

Kira Oliver

Senior Girls – Unit Leader

INFORMATION FOR PARENTS: (courtesy of Gloucester Public Health Department)

Meningococcal Disease and Camp Attendees: Commonly Asked Questions

What is meningococcal disease?

Meningococcal disease is caused by infection with bacteria called *Neisseria meningitidis*. These bacteria can infect the tissue (the "meninges") that surrounds the brain and spinal cord and cause meningitis, or they may infect the blood or other organs of the body. In the US, about 1,000-3,000 people get meningococcal disease each year and 10-15% die despite receiving antibiotic treatment. Of those who survive, about 11-19% may lose limbs, become deaf, have problems with their nervous system, become mentally retarded, or have seizures or strokes.

How is meningococcal disease spread?

These bacteria are passed from person-to-person through saliva (spit). You must be in close contact with an infected person's saliva in order for the bacteria to spread. Close contact includes activities such as kissing, sharing water bottles, sharing eating/drinking utensils or sharing cigarettes with someone who is infected; or being within 3-6 feet of someone who is infected and is coughing and sneezing.

Who is at most risk for getting meningococcal disease?

People who travel to certain parts of the world where the disease is very common are at risk for meningococcal disease. Children and adults with damaged or removed spleens or an inherited immune disorder (called "terminal complement component deficiency") are also at risk. People who live in settings such as college dormitories are also at greater risk of disease.

Are camp attendees at increased risk for meningococcal disease?

Children attending day or residential camps are **not** considered to be at an increased risk for meningococcal disease because of their participation.

Is there a vaccine against meningococcal disease?

There are currently 2 vaccines available in the US that protect against 4 of the most common of the 13 serogroups (subgroups) of *N. meningitidis* that cause serious disease. Protection with the meningococcal polysaccharide vaccine lasts about 3 to 5 years. A meningococcal vaccine (conjugate vaccine), which was licensed in January 2005, is expected to help decrease disease transmission and to provide more long-term protection.

Should my child receive meningococcal vaccine?

Meningococcal vaccine is **not** recommended for attendance at camps. However, this vaccine is recommended for certain age groups; contact your child's health care provider. In addition, parents of children who are at higher risk of infection, because of certain medical conditions or other circumstances, should discuss vaccination with their child's healthcare provider.

How can I protect my child from getting meningococcal disease?

The best protection against meningococcal disease and many other infectious diseases is thorough and frequent handwashing, respiratory hygiene and cough etiquette. Individuals should:

1. wash their hands often, especially after using the toilet and before eating or preparing food (hands should be washed with soap and water or an alcohol-based hand gel or rub may be used if hands are not visibly dirty);
2. cover their nose and mouth with a tissue when coughing or sneezing and discard the tissue in a trash can; or if they don't have a tissue, cough or sneeze into their upper sleeve.
3. not share food, drinks or eating utensils with other people, especially if they are ill.

You can obtain more information about meningococcal disease or vaccination from your healthcare provider, your local Board of Health (listed in the phone book under government), or the Massachusetts Department of Public Health Division of Epidemiology and Immunization at (617) 983-6800 or toll-free at (888) 658-2850 or on the MDPH website at <http://www.mass.gov/dph>.

Provided by the Massachusetts Department of Public Health in accordance with M.G.L. c.111, s.219.

Massachusetts Department of Public Health
305 South Street, Jamaica Plain, MA 02130

**CAPE ANN YMCA
2011 CAMP SPINDRIFT
FROG BUS**



	STOP #	PICK-UP	LOCATION	DROP-OFF*
Rockport	F00	8:00am	Rockport Police Station	5:00pm
	F01	8:01am	Sandy Bay Estates	4:59pm
	F02	8:02am	Main St. & High St.	4:58pm
	F03	8:03am	Five Corners	4:57pm
	F04	8:04am	Mt. Pleasant & Pleasant	4:56pm
	F05	8:05am	Mt. Pleasant & Prospect	4:55pm
	F06	8:06am	South & Jerdens Lane	4:54pm
	F06.5	8:06am	Den Mar Nursing Home	4:54pm
	F07	8:07am	South & Marmion Way	4:53pm
	F08	8:08am	South & Whale Cove	4:52pm
	F09	8:09am	Turk's Head (Tregony Bow)	4:51pm
	F10	8:10am	Thatcher & Ridgewood	4:50pm
	F11	8:11am	Thatcher & Frank	4:49pm
F12	8:12am	Thatcher & Glenmere	4:48pm	
Brier Neck	F13	8:13am	Long Beach Dairy Maid	4:47pm
	F14	8:14am	Thatcher & Witham	4:46pm
E. Gloucester	F16	8:16am	Thatcher & Marina Dr.	4:44pm
	F17	8:17am	Atlantic & Beach Road	4:43pm
	F18	8:18am	Beach & Haskell	4:42pm
	F20	8:20am	Mt. Pleasant & Highland	4:40pm
	F22	8:22am	Mt. Pleasant & Gerring	4:38pm
	F23	8:23am	E. Main & Rocky Neck Ave	4:37pm
	F25	8:25am	Eastern Pt. Rd. & Grapevine	4:35pm
	F25.5	8:25am	Niles Beach	4:35pm
	F26	8:26am	Eastern Pt. Blvd & Farrington	4:34pm
	F27	8:27am	St. Anthony's Chapel	4:33pm
	F28	8:28am	E. Gloucester Square	4:32pm
	F30	8:30am	St. Peter's Church	4:30pm
	Ward II	F31	8:31am	Sayward & Bass Ave.
F33		8:33am	Eastern Ave & Hartz	4:27pm
F35		8:35am	Eastern Ave & Webster	4:25pm
F37		8:37am	NAPA Auto Parts	4:23pm
F39		8:39am	Our Lady of Good Voyage	4:21pm
F40		8:40am	Prospect & Warner	4:20pm
F44		8:44am	Cape Ann YMCA	4:16pm
F46		8:46am	McDonalds	4:14pm
F47		8:47am	Maplewood Ave & Cleveland	4:13pm
F48		8:48am	Maplewood Ave & Grove St.	4:12pm
F49		8:49am	Maplewood Ave & Gloucester Ave	4:11pm
F51		8:51am	Poplar St. & Cherry St.	4:09pm
F52		8:52am	Poplar & Washington	4:08pm
F57		8:57am	Annie's Variety	4:03pm

ARRIVE AT CAMP 9AM DEPART CAMP 4PM

***PLEASE NOTE: TIMES ARE APPROXIMATIONS. THE TIMES OF THE AFTERNOON RUNS WILL VARY DEPENDING UPON THE NUMBER OF ACTUAL STOPS REQUIRED.**

**CAPE ANN YMCA
2011 CAMP SPINDRIFT
MOUSE BUS**



	STOP #	PICK-UP	LOCATION	DROP-OFF*	
Rockport	M00	8:00am	Granite & King	5:00pm	
	M01	8:01am	Granite & Beach	4:59pm	
Pigeon Cove	M03	8:03am	Granite & Pasture	4:57pm	
	M04	8:04am	Granite & Curtis	4:56pm	
	M05	8:05am	Granite & Haven	4:55pm	
	M06	8:06am	Granite & Gott	4:54pm	
	M09	8:09am	Washington & Woodbury	4:51pm	
Lanesville	M11	8:11am	Langsford & Wishart	4:49pm	
	M12	8:12am	Washington & Duley	4:48pm	
	M14	8:14am	Washington & High	4:46pm	
	M16	8:16am	U. Mass Marine Station	4:44pm	
Bay View	M17	8:17am	Bay View Fire Station	4:43pm	
	M19	8:19am	Annisquam Church	4:41pm	
Annisquam	M21	8:21am	Washington & Bridgewater	4:39pm	
	M22	8:22am	Washington & Dennison	4:43pm	
	M24	8:24am	Willow Rest	4:36pm	
Riverdale	M26	8:26am	Washington & Stanwood	4:35pm	
	M28	8:28am	Washington & Reynard	4:34pm	
	M30	8:30am	Washington & Wilson Field	4:32pm	
	M31	8:31am	Hospital Bus Stop	4:31pm	
	M32	8:32am	Greycliff Nursing Home	4:30pm	
	M33	8:33am	Washington & Madison	4:29pm	
	M34	8:34am	Washington & Stone Court	4:28pm	
	M35	8:35am	Washington & Derby	4:27pm	
Gloucester	M36	8:36am	Washington & Railroad Ave.	4:26pm	
	M37	8:37am	Washington & Prospect St.	4:25pm	
	M38	8:38am	Washington & Granite	4:24pm	
	M38.5	8:38am	St. Joan Statue	4:23pm	
	M39	8:39am	Western & Centennial	4:21pm	
	M40	8:40am	Western & Hough	4:20pm	
	Magnolia	M42	8:42am	Hesperus & Ocean Highland	4:18pm
		M43	8:43am	Norman & Hesperus	4:17pm
		M44	8:44am	Norman & Lexington	4:16pm
		M45	8:45am	Magnolia Square	4:15pm
M46		8:46am	Little Red Schoolhouse	4:14pm	
W. Gloucester		M53	8:53am	Cape Ann Industrial Park	4:08pm
	M54	8:54am	Little River Grocery	4:06pm	
	M56	8:56am	Essex & Concord	4:04pm	
	M58	8:58am	Concord & Atlantic	4:00pm	

ARRIVE AT CAMP 9AM DEPART CAMP 4PM

*PLEASE NOTE: TIMES ARE APPROXIMATIONS. THE TIMES OF THE AFTERNOON RUNS WILL VARY DEPENDING UPON THE NUMBER OF ACTUAL STOPS REQUIRED.