



ROCKPORT FATHER'S DAY 5K

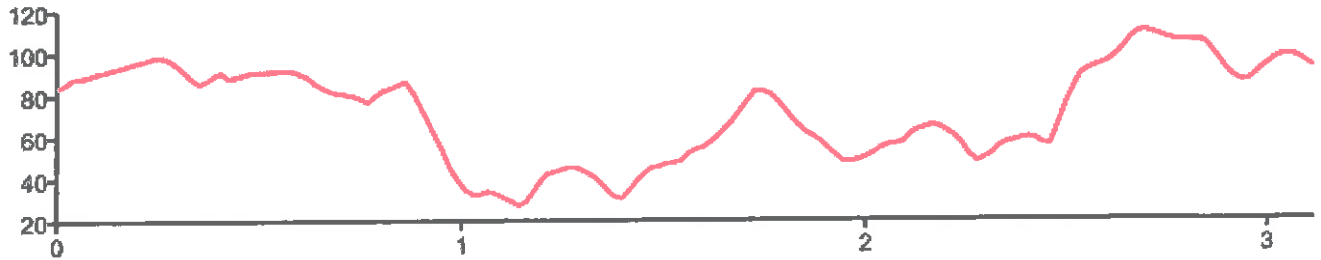
Distance: 3.12 mi

Elevation: 111.58 ft (Max: 110.37 ft)

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ELEVATION (ft)



Miles

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 Head west on Ramsden Way toward Jerdens Ln	0 mi (+0.03 mi)
 Turn left onto Jerdens Ln Destination will be on the left	0.03 mi (+0 mi)
 Head northeast on Jerdens Ln toward Ramsden Way Destination will be on the right	0.04 mi (+0.21 mi)
 Head northeast on Jerdens Ln toward South St	0.25 mi (+0.14 mi)
 Turn left onto South St	0.39 mi (+0.01 mi)
 Head southeast on South St toward Jerdens Ln Destination will be on the right	0.4 mi (+0.3 mi)
 Head southeast on South St toward Marmion Way	0.7 mi (+0.07 mi)
 Head northeast on Marmion Way toward Shetland Rd	0.77 mi (+0.09 mi)
 Turn right to stay on Marmion Way	0.86 mi (+0.19 mi)
 Head northeast on Marmion Way toward Straitsmouth Way Destination will be on the left	1.05 mi (+0.18 mi)
 Head west on Marmion Way toward Straitsmouth Way	1.24 mi (+0.26 mi)
 Head west on Marmion Way toward Gully Point	1.5 mi (+0.17 mi)
 Head southwest on Marmion Way toward Old Garden Rd	1.67 mi (+0.06 mi)
 Head northwest on Old Garden Rd toward Sandaba Rd	1.73 mi (+0.12 mi)
 Head west on Old Garden Rd toward Smith Rd Destination will be on the left	1.85 mi (+0.17 mi)
 Head northwest on Old Garden Rd toward Harraden Ave	2.02 mi (+0.08 mi)
 Slight left onto Norwood Ave	2.1 mi (+0 mi)
 Head southwest on Norwood Ave toward Atlantic Ave	2.11 mi (+0.07 mi)
 Head southwest on Norwood Ave toward Atlantic Ave	2.17 mi (+0 mi)
 Turn right onto Atlantic Ave Destination will be on the left	2.18 mi (+0.1 mi)
 Head northeast on Atlantic Ave toward Norwood Ave	2.28 mi (+0 mi)
 Head southwest on Atlantic Ave toward Clark Ave	2.28 mi (+0.09 mi)

 Head southwest on Atlantic Ave toward Star Island Ln	2.37 mi (+0.09 mi)
 Turn left onto Mt Pleasant St	2.46 mi (+0 mi)
 Head southeast on Mt Pleasant St toward Gott St Destination will be on the left	2.46 mi (+0.21 mi)
 Head southeast on Mt Pleasant St toward Prospect St	2.67 mi (+0 mi)
 Continue onto South St Destination will be on the right	2.67 mi (+0.22 mi)
 Head southeast on South St toward Jerdens Ln	2.89 mi (+0.02 mi)
 Turn right onto Jerdens Ln	2.9 mi (+0.2 mi)
 Head southwest on Jerdens Ln toward Ramsden Way	3.1 mi (+0.02 mi)
 Destination	3.12 mi (+0 mi)

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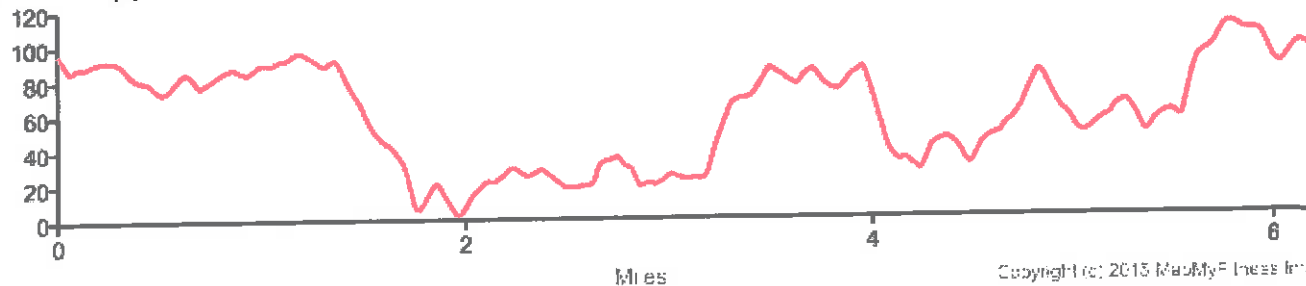
ROCKPORT FATHERS DAY 10K

Distance: 6.21 mi























Elevation: 211.61 ft (Max: 109.55 ft)



































ELEVATION (ft)



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 Head northeast on Jerdens Ln toward South St	0 mi (+0.1 mi)
 Head north on Jerdens Ln toward South St	0.1 mi (+0 mi)
 Turn right onto South St	0.11 mi (+0.15 mi)
 Head east on South St toward Country Club Rd Destination will be on the left	0.25 mi (+0.22 mi)
 Head southeast on South St toward Thomas Rd Destination will be on the right	0.47 mi (+0.16 mi)
 Head southeast on South St toward Whale Cove Ln Destination will be on the left	0.63 mi (+0.3 mi)
 Head south on South St toward Lee Way	0.94 mi (+0.36 mi)
 Continue onto Thatcher Rd Destination will be on the left	1.3 mi (+0.01 mi)
 Head north on Thatcher Rd toward South St	1.31 mi (+0.01 mi)
 Sharp right onto South St Destination will be on the left	1.31 mi (+0.19 mi)
 Head southwest on South St toward Tregony Bow	1.5 mi (+0.23 mi)
 Head south on South St toward Penzance Rd	1.73 mi (+0 mi)
 Turn left onto Penzance Rd Destination will be on the right	1.74 mi (+0.07 mi)
 Head east on Penzance Rd toward Ruthern Way	1.81 mi (+0.24 mi)
 Head east on Penzance Rd toward Ruthern Way Destination will be on the right	2.05 mi (+0.12 mi)
 Head northeast on Penzance Rd toward Lozant PI Destination will be on the right	2.16 mi (+0.12 mi)
 Head northeast on Penzance Rd	2.28 mi (+0.11 mi)
 Head northwest on Penzance Rd toward Ruthern Way	2.38 mi (+0.2 mi)
 Head north on Penzance Rd toward Ruthern Way	2.58 mi (+0.07 mi)
 Head west on Penzance Rd toward Eden Rd	2.65 mi (+0 mi)
 Turn right onto Eden Rd Destination will be on the right	2.66 mi (+0.24 mi)
 Head northeast on Eden Rd	2.89 mi (+0.01 mi)

	At the traffic circle, continue straight to stay on Eden Rd Destination will be on the right	2.91 mi (+0.14 mi)
	Head north on Eden Rd toward Colona Rd Destination will be on the right	3.05 mi (+0.14 mi)
	Head northwest on Eden Rd toward Athena Way Destination will be on the left	3.19 mi (+0.16 mi)
	Head west on Eden Rd toward Colona Rd	3.35 mi (+0.14 mi)
	Head west on Eden Rd toward South St	3.5 mi (+0 mi)
	Turn right onto South St	3.5 mi (+0.3 mi)
	Head north on South St toward Thomas Rd	3.8 mi (+0.06 mi)
	Turn right onto Marmion Way Destination will be on the right	3.86 mi (+0.01 mi)
	Head northeast on Marmion Way toward Shetland Rd	3.87 mi (+0.08 mi)
	Turn right to stay on Marmion Way Destination will be on the right	3.95 mi (+0.02 mi)
	Head east on Marmion Way toward Lighthouse Ln Destination will be on the right	3.97 mi (+0.26 mi)
	Head north on Marmion Way toward Straitsmouth Way	4.23 mi (+0.21 mi)
	Head north on Marmion Way toward Straitsmouth Way	4.44 mi (+0.17 mi)
	Head west on Marmion Way toward Gully Point	4.61 mi (+0.2 mi)
	Head southwest on Marmion Way toward Old Garden Rd	4.82 mi (+0 mi)
	Turn right onto Old Garden Rd Destination will be on the left	4.82 mi (+0.13 mi)
	Head west on Old Garden Rd toward Smith Rd	4.95 mi (+0.11 mi)
	Head west on Old Garden Rd toward Caleb's Ln	5.06 mi (+0.14 mi)
	Slight left onto Norwood Ave	5.19 mi (+0 mi)
	Head southwest on Norwood Ave toward Atlantic Ave	5.2 mi (+0.07 mi)
	Turn right onto Atlantic Ave Destination will be on the right	5.27 mi (+0 mi)
	Head northwest on Atlantic Ave toward Clark Ave	5.27 mi (+0.11 mi)
	Head southwest on Atlantic Ave toward Star Island Ln	5.38 mi (+0.16 mi)

 Turn left onto Mt Pleasant St Destination will be on the right	5.55 mi (+0 mi)
 Head southeast on Mt Pleasant St toward Gott St	5.55 mi (+0.18 mi)
 Head southeast on Mt Pleasant St toward Prospect St	5.73 mi (+0.03 mi)
 Continue onto South St	5.76 mi (+0.09 mi)
 Head east on South St toward Dean Rd	5.86 mi (+0.13 mi)
 Head southeast on South St toward Jerdens Ln	5.99 mi (+0.01 mi)
 Turn right onto Jerdens Ln	6 mi (+0.17 mi)
 Head southwest on Jerdens Ln toward Ramsden Way	6.17 mi (+0.04 mi)
 Destination	6.21 mi (+0 mi)

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