



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CHOOSE

YOUR

ADVENTURE!

LYNCH/VAN OTTERLOO YMCA 2023 CAMP GUIDE

WWW.NORTHSHOREYMCA.ORG

Welcome to Y Camp!



SECURE YOUR SPOT
ENROLL TODAY!

WWW.NORTHSHOREYMCA.ORG/CAMP

OUR PHILOSOPHY

At YMCA summer camp your child will learn new skills, develop character, gain confidence, stay active and have fun! Our camps offer children positive developmental experiences that build confidence through skill-building activities suited to their age. Campers are able to explore creativity, teamwork and leadership in a wide range of physically active programs that influence positive lifelong skills. Whatever interest your child has, there is a Y camp for them.

SET YOUR CAMPER UP FOR SUCCESS - Inclusion Specialist

People, places and things they know allow children to thrive in a group environment. Let us join your child's team by helping us learn about their individual needs and interests. Your Inclusion Specialist is looking forward to meeting you and your child prior to camp. Reach out to our **Inclusion Specialist, Jennifer Martin** at martinj@northshoreymca.org

REGISTRATION & PRICING

We are ready to welcome you back for another active and memorable Summer! Our basic camp pricing options include:

	Ages 5-6	Ages 7-15	*Visit our website to apply for Flexible Pricing, a customized rate for families making up to \$110,000 a year! Applying prior to registration is highly encouraged.
Y Family Members	\$395	\$380	
Y Youth Members	\$420	\$405	
Community Members	\$450	\$435	

CHILDREN'S ISLAND: BOAT TIMES & PRICING

Salem	7:30 AM - 5:30 PM	\$75
Marblehead	8:00 AM - 4:00 PM	\$75
Marblehead	8:00 AM - 5:00 PM	\$75
Marblehead	9:00 AM - 4:00 PM	Included
Marblehead	9:00 AM - 5:00 PM	\$75

CAMP HOURS

DROP-OFF*	8-9 AM
CAMP DAY	9-4 PM
PICK UP*	4-5 PM

*Children's Island camp hours are based on the boat you choose

SCAN & SIGN UP!



Scan the QR code above for the to access camp registration and detailed pricing.

CAMP DEPOSIT & PAYMENT POLICY

We make it easy to schedule your child's summer camp weeks in advance. There is a \$10 non-refundable camp deposit required for each week of camp (there is a \$25 cancellation fee). That payment is applied to the camp tuition. A credit card must be placed on file in the registration system for the deposit and camp tuition. Camp payments will be automatically drafted on Sundays one week prior to attending camp. **Cancellations are required 8-days prior.**

2023 WEEKLY THEMES

6/20 - 6/23

6/26 - 6/30

7/3 - 7/7

7/10 - 7/14

7/17 - 7/21

7/24 - 7/28

7/31 - 8/4

8/7 - 8/11

8/14 - 8/18

8/21 - 8/25

DAY CAMP



CHILDREN'S ISLAND



GYMNASTICS CAMPS 40 Leggs Hill Road, Marblehead, MA 01945

GYMNASTICS DAY CAMP Ages 7-12 | Dates 6/20-8/11

Gymnastics Camp is for campers ages 7-12. This program consists of specific event training, specialized skills and drills for development. Campers will also enjoy outdoor activities, pool time, and arts and crafts. At the end of each week, gymnasts will receive awards with program or team recommendations.

GYMNASTICS DAY CAMP JR. Ages 5-6 | Dates 6/20-8/11

Gymnastics Camp Jr. is for ages 5-6. This camp introduces campers to specific event training, specialized skills and drills for development. Campers will also enjoy outdoor activities, pool time, and arts and crafts. At the end of each week, gymnasts will receive awards with program or team recommendations.

COMPETITIVE GYMNASTICS HALF DAY CAMP Ages 7-12 | Dates 7/17-7/21 • 7/31-8/4 • 8/7-8/11

Our competitive gymnastics camp is structured for gymnasts on our level 1, 2, 3, 4 and Xcel teams. This is a half day camp focused on skill progressions on each event, specifically designed to support gymnasts in advancing to the next level. Any gymnast interested in competitive camp, who does not attend our yearly program, will need an evaluation with our Gymnastics Director for proper placement.

SPORTS CAMPS 40 Leggs Hill Road, Marblehead, MA 01945

SPORTS MANIA CAMP Ages 7-11 | Dates 6/20-8/11

Sports mania camp is for campers that have an interest in learning new sports, and being active. Our coaches help our athletes on progressing and obtaining new skills in a wide range of sports.

MINI SPORTS MANIA CAMP Ages 5-6 | Dates 6/20-8/11

Mini Sports camp introduces a variety of different sports to our campers age 5-6. Mini sports encourages staying active and having. This program focuses on youth development through sports, and games.

BASKETBALL CAMP Ages 8-12 | Dates 7/4-7/7 • 7/31-8/4

This is a program that will push your camper to the next level of their Basketball Game. We will be working on drills, skills, scrimmaging and movement of the game. This camp will start and end with a Combine test that will show your camper where they have improved during their time here and what they should be focused on moving forward. If you are looking to make progress towards being a high level basketball player this is the camp for you.

SOCCER CAMP Ages 8-12 | Dates 7/10-7/14 • 8/7-8/11

Soccer Skills Camp is focused on the full soccer development of your child. In this camp your child will have the opportunity to develop their individual skills, their knowledge of movement, their Soccer IQ, and their ability to be a better teammate. They will learn new drills, work on skills, and play scrimmages against other campers. Your child will also have our more usual camp day offerings such as swim time, fun games, lunch, and other camp activities.

FLAG FOOTBALL CAMP Ages 8-12 | Dates 7/17-7/21

This is a program that will emphasize learning new skills and progressing as a football player. We will be working on drills, scrimmaging and the movement of the game. Specifically focusing on route running, footwork, defensive techniques, and much more! This camp includes a swim block as well as time for many other fun camp activities! A great choice for any camper looking to take it to the next level in football!

WRESTLING CAMP Ages 7-12 | Dates 7/24-7/28

This camp is a partnership with the Swampscott/Marblehead Wrestling Team. This program is run by Coaches from the Swampscott/Marblehead team, and athletes on the team to ensure that your campers will be learning from some of the best and experienced wrestlers in the area! Campers will spend the morning learning new wrestling techniques, and in the afternoon they will enjoy traditional camp activities like swimming, camp games, and more.



CHILDREN'S ISLAND DAY CAMP

CHILDREN'S ISLAND DAY CAMP Ages 7-15 | Dates 6/26-8/25

Experience the magic of Children's Island, a beautiful ocean oasis in the middle of Marblehead Harbor that has been operating for over 65 years. Campers take the 15 minute Hannah Glover Ferry ride to and from camp each day. The stunning, rustic island setting offers unique opportunities to explore the seacoast while swimming, snorkeling and kayaking. The Island also offers an art barn stocked with arts and crafts activities, a saltwater pool, sports, Gaga pit and more. With weekly theme and STEAM activities, this Island experience is like no other day camp on the North Shore.

• SEAL PUPS CAMP at Children's Island Ages 5-6 | Dates 6/26-8/25

Seal Pup campers can explore the island, swim in the pool, treasure hunt on our beaches, play sports on the field, and get a great introduction to a traditional outdoor camp.

• RANGERS CAMP at Children's Island Ages 8-15 | Dates 6/26-8/25

Campers focus on outdoor skill building activities and work toward achieving their Ranger Badges. Rangers have a long tradition of working together to build lifelong friendships and memories.

• COUNSELOR-IN-TRAINING at Children's Island Ages 14-15 | Dates 6/26-8/18

Acquire leadership skills and build your job resume. Built around the YMCA's core values, each week includes character development and community service opportunities. Fun is built in with camp counselor shadowing, operating the Camp Store, swimming and CIT exclusive activities that take advantage of everything the camp property has to offer.

Children's Island Boat Transport:

Marblehead Boat: Marblehead Charter School, 17 Lime Street, Marblehead, MA

Salem Boat: Pickering Wharf, 23 Congress St, Salem MA

LYNCH/VAN OTTERLOO DAY CAMP 40 Leggs Hill Road, Marblehead, MA 01945

LVO DAY CAMP Ages 7-12 | Dates 6/20-8/25

LVO DAY CAMP JR. Ages 5-6 | Dates 6/20-8/25

A traditional day camp with theme weeks where campers have access to the amazing amenities of the YMCA including: outdoor water park, indoor pools, fields, and gymnasium.



CAMP LICENSING (MA)

Massachusetts Camps comply with regulations of the Massachusetts Department of Public Health and are licensed by the local board of health.

FOR QUESTIONS PLEASE CONTACT THE LYNCH/VAN OTTERLOO YMCA AT (781) 631- 9622