

YMCA OF THE NORTH SHORE

# SHAPING OUR EUTING OUR



2030 STRATEGIC PLAN UPDATES & RESULTS

**APRIL 2024 – JUNE 2025** 

## **STRATEGIC PRIORITY I:**

#### ELIMINATING BARRIERS FOR EVERYONE

By 2030, our YMCA will set the standard for meaningful experiences for individuals and families who seek to engage with us. We are dedicated to eliminating financial, physical, and systemic obstacles that hinder participation, ensuring that everyone, regardless of their background or capabilities, can fully take part in all that the Y has to offer.

#### **GROWING OUR IMPACT**



- Early Education: Expanded access to 72 children through a new early learning center at New England BioLabs.
- School-Age Care: Providing enrichment for 150 more children in new in Georgetown, Amesbury and Newton, NH.
- **Summer Camp: Expanded summer camp programs** into Groveland and Haverhill, allowing children to access safe and fun experiences closer to home.
- **Membership:** Launched a new Member Support Center to grow impact and improve member experience. Enhanced access and retention.

#### **DESIGNING FOR ALL**



**Greater Beverly YMCA Locker Room Project:** Renovation and upgrades to our Beverly locker rooms go beyond basic compliance and exceed many ADA benchmarks, including:

- wider corridors
- more ADA-compliant toilets and shower rooms
- paddle-operated doors
- additional adult changing tables

#### **ADVANCING SPECIALIZED PROGRAMS**



- Water Safety for Neurodiverse Youth: Expanded our Water Wise program to four additional communities: Marblehead, Ipswich, Gloucester, and Salem to ensure more children have access to adaptive swim instruction.
- Introducing Beginner Water Wise for Younger Children: Recognizing the importance of early intervention, we launched a new parent-and-child swim program modeled after traditional early swim instruction to provide comfort and continuity as they build foundational water safety skills.



#### STRENGTHENING SUPPORT SYSTEMS



- Our Y unveiled a new intake process for our campers with diverse abilities. Led by our team of Inclusion Specialists and Behavior Technicians, we successfully completed 302 intakes.
- Turning Vision into Action: Through the successful award of the Commonwealth Cares for Children (C3) grant, the YMCA is building a comprehensive staffing model that ensures every child, especially those from priority populations, has the support needed to thrive in our programs. This plan brings to life a network of professionals focused on family engagement, social-emotional development, case management, and continuous educator learning.



#### **EXPANDING HOUSING INITIATIVES**

• Welcoming New Residents to John J. Meany Senior Housing: Our Y built 44 one-bedroom apartments, welcoming 60 new residents to the John J. Meany Senior Affordable Housing development in downtown Gloucester.





### STRATEGIC PRIORITY II:

#### INNOVATING STAFF DEVELOPMENT & TRAINING

By 2030, our Y will shape meaningful career pathways, invest in leadership training, and build an environment where employees feel recognized, supported, and motivated to grow. Through forward-thinking initiatives and key collaborations, we will strengthen our reputation as a premier employer, one that draws in, develops, and keeps top professionals dedicated to our cause.

#### LEADERSHIP AT EVERY LEVEL





- create a synergy between the senior leadership team and emerging proven leaders
- develop strategies to ensure even greater relevance for our Y's long-term direction
- support professional development, leadership, and career-building skillsets
- be a voice of the next generation
- bring together a group of leaders who create peer support and share feedback



#### **COMPENSATION & FINANCIAL BALANCE**

 Our YMCA Board of Directors unanimously approved a 12% retirement benefit for eligible staff.

#### **MODERNIZING TRAINING & LEARNING**

- Enhancing Staff Preparedness: Our Y partnered with McLean Hospital, a
  nationally recognized leader in mental health care to equip our staff with training,
  coaching, and education to better support emotional and the behavioral needs of
  youth in our programming.
  - More 350 summer camp leaders trained
  - Engaged over 130 school-age staff across 32 sites
- **Prioritizing Mental Health First Aid Across Teams:** Our Y launched a year-long initiative to embed Youth and Adult Mental Health First Aid (MHFA) training into our organization.
  - Trained 130 staff across multiple departments
  - Hired 2 certified MHFA trainers





- Adopting Lifeguard Eye for Aquatic Safety: Implemented Lifeguard Eye, a cutting-edge monitoring system in our Greater Beverly YMCA natatorium. This technology provides real-time alerts to lifeguards when someone is underwater too long or unresponsive, adding a critical layer of safety and enabling faster intervention.
- Introducing Trauma-Informed Approaches in Health & Wellness: 60 health and wellness staff participated in an overview of trauma-informed yoga and weightlifting. These approaches center on safety, empowerment, and trust, helping staff deliver programs that are mindful of the diverse experiences of participants.



#### **BRINGING OUR MISSION TO WORK**

- Elevating the Swim Instructor Role Through National Certification: Delivering a robust, evidence-based swim curriculum is central to our mission of ensuring all children are safe in and around water. To support this, our Y is committed to certifying all swim instructors through the Certified YMCA Swim Instructor program. This national certification not only standardizes instructional quality but also deepens instructors' connection to the impact of their work.
- Specialized Training Pathways for Parent/Child Swim Programs: Recognizing the unique needs of our youngest swimmers and their caregivers, we developed a specialized training track for instructors delivering our parent/child swim curriculum. This targeted approach ensures instructors are well-prepared to foster safety, skill-building, and connection in the water. As of June 2025, we have certified 86 swim instructors.



#### MAKING GROWTH A LEADERSHIP PRIORITY

 Our Y partnered with Susan Leger Ferraro to bring the Superloop training and philosophy to our education team. Susan has developed a leadership program called SuperLoop. This program includes 7 courses: Learning to Learn, Strengths-Based Leadership, Authentic Communication, Priority vs Preference, Art of Listening, Regenerative Leadership, and Leadership Academy, and is combined with on-the-job coaching.



# **STRATEGIC PRIORITY III:**CLOSING THE GAP: DOLLARS GIVEN & DOLLARS RAISED

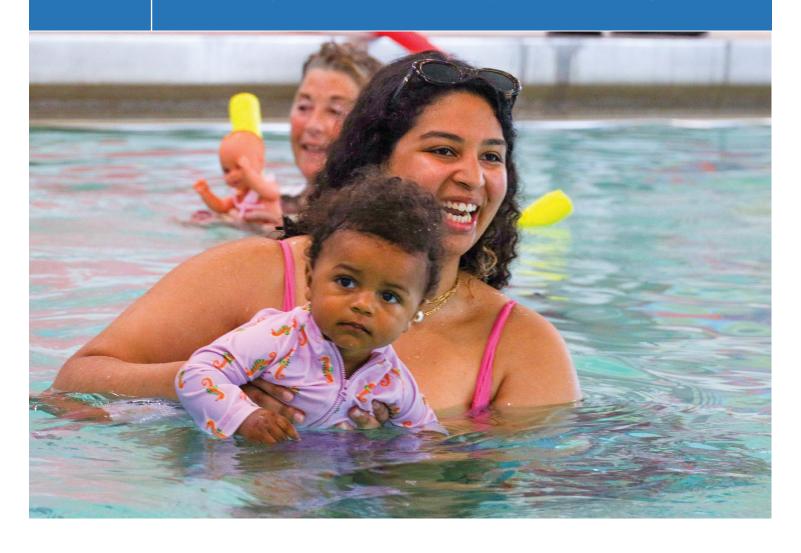
To build long-term financial strength, our Y will take a fresh approach to growing and managing charitable giving. By fostering strong donor relationships, providing clear communication, and working with private and public funders, we will close the gap between funds raised and resources provided, expanding our reach while ensuring financial stability.



## BUILDING STRONG ALLIANCES FOR GREATER REACH

 Leveraging Partnerships to Expand Swim Safety Access: Our Y secured over \$68,000 in funding from Y-USA, USA Swimming, and the Massachusetts Department of Conservation and Recreation to expand swim lesson access for underserved populations.

Through this investment, we've provided **complementary swim sessions to 580 children**, dramatically increasing water safety in our communities. This work is made possible through strong alliances with Pathways, local school districts, and Head Start organizations, who help us identify and serve families in greatest need.







UPDATES & RESULTS APRIL 2024 - JUNE 2025



#### **ASSOCIATION LEADERSHIP**

Chris Lovasco, President & CEO
Pete Avila, Vice President of Facilities
Ranjeev Benjamin, Executive Director of Mental Wellness
Marge Cregg, Chief Advancement Officer
David Goodwin, Executive Director of Housing
Rebecca Imperiali, Vice President of Charitable Giving
Gerald MacKillop, Chief Operations Officer
Cyndi Marchand, Executive Director of Education
Mari Matt, Chief Human Resources Officer
Kevin McCarthy, EVP & Chief Financial Officer
Jamie McGrath, Vice President of Project Management
Alysha Monfette, Chief Marketing Officer
Darlene Moulton, Vice President of Risk Management

Scott Todaro, Vice President of Information Technology

Lisa Sungy, Vice President of Administration

#### LOCAL YMCA EXECUTIVE LEADERSHIP

Erina McWilliam-Lopez, Executive Director, Cape Ann YMCA
Tim Flaherty, Executive Director Greater Beverly YMCA
Tracy Fuller, Executive Director, Haverhill YMCA
Chris Bevilacqua, Executive Director, Ipswich Family YMCA
Brian Flynn, Executive Director, Lynch/van Otterloo YMCA
Barbara Gallagher, Executive Director, Plaistow Community YMCA
Charity Lezama, Executive Director, Salem YMCA

#### YMCA OF THE NORTH SHORE BOARD OF DIRECTORS

Karen Abbott
Joe Anderson
Teresa Barous
Stephen Barrand
Terry Beaton
Robin Brown
Jennifer Buras, Past Chair

Greg Chin Robert Eastman, Secretary/Clerk

Collette Fidrych
Bill Gause
Judy Gimik
Chris Hemsey
Mary Higgins
Jeanne Lambkin
Tracy Lloyd
Jeff Loeb
Karen Lucas

Kimberly Martin-Epstein Pat Milner George Moriarty Brad Paul Kevin Roy Brandon Ruggieri, Chair Dr. Sheri Russell Katrina Sanders, MD Betsy Shields Martha Sumner Kate Walters Mike Wheeler, Treasurer

#### LOCAL YMCA BOARDS OF DIRECTORS

CAPE ANN YMCA
Karen Abbott
Heather Carnevale
Courtney Joly-Lowdermilk
Kate Lawrence
Ned Morse
Joan O'Connor
Cris Peterson
Courtney Schoon
Robert Simmons

Patrick Thorpe

HAVERHILL YMCA **Terry Beaton** Derek Cioffi **Dianne Connolly** Matt Currie Melissa Drew-DeFrank **Nicole Donnelly** Marie Ferris Kara Kosmes Patricia Lowell Clare McCoul George Moriarty Stephanie Powell Ellen Roche Sasha Severino **Connor Shaw** 

IPSWICH FAMILY YMCA Terese Barous Kate Chroust

Amy Fanning
Michele French
Betsy Frost
Hannah Greenough
Ryann Hilton
Linda Jones
Kelly Jung
Deb Logan
Ryan McShera
Brian Nelson
Holly Riehl
Elizabeth Robitaille

Gary Rogers Catherine Savoie Dan Scibisz Erik Vigsnes Nancy Warner Chub Whitten

**PLAISTOW COMMUNITY YMCA** 

Carla Bailey
Tony Cantone
Bob Harb
Julie Hazelton
John Mainella
Mitchell Mencis
Krista Munsie
Gaby Saad
Michele Shadhauser
Martha Sumner
Bob Worden
Dean Zanello

LYNCH VAN/OTTERLOO YMCA Matt Brenneman

Gary Callahan
Kate Dulac
Amy Gingle
Philip Gloudemans
Kacy Jauron
Jeffrey LeClaire
Pat Milner
Samuel Munoz
Robert Powell
Ross Schieffer
Brian Schubmehl
Heidi Sedky

**SALEM YMCA** Rosa Alvarado Philip Bond Jenna Buonfiglio Jamaal Camah Nina Cohen Karina Corrigan Taylor Dunn Robert Eastman Ty Hapworth Philip Higgins Larissa Lucas Christine Madore Diane Menasco Chris O'Keefe Marcos Severino Matt Smith Ellen Wingard

**GREATER BEVERLY YMCA David Anderson** Margie Arnold Ryan Carrigan Mary Carroll Dr. Suzanne Charochak Anabel Franciskato, DMD Cheryl D'Souza-Mckenna, MD Janet Erickson **Tom Gately** Jeison Gonzalez **Nick Harron** Henry Pizzo Alex Ray **Todd Rotondo Kevin Rov** Patrick Sullivan **Brian Thomas Carol Townsend** Linda Turcotte

Conor Walsh